

**January 2025 Devotional by Dr. Wilfred Graves Jr.**

**DAY 14 – RESTING IN GOD’S PROMISES**

**Scriptures:** Matthew 11:28-30; Hebrews 4:9-11

**Prayer Focus:** Pray for peace and rest in God’s care.

**Devotional Thought:**

God calls you to rest in His promises, not just physically but spiritually. Rest comes from trusting in His provision, grace, and timing. Instead of striving in your own strength, lean on Him this year. As you rest in His care, you will find renewed strength and clarity for the journey ahead.

**Practical Moment:**

Set aside a day this week to rest and spend intentional time with God. Reflect on His faithfulness and let His peace renew your spirit.