

January 2025 Devotional by Dr. Wilfred Graves Jr.

DAY 8 – RENEWING YOUR MIND

Scriptures: Romans 12:2; Philippians 4:8; Colossians 3:2

Prayer Focus: Ask God to renew your mind and help you focus on His truth.

Devotional Thought:

Transformation begins in the mind. As you fill your thoughts with God's Word, you will see changes in your attitudes, emotions, and actions. This year, commit to meditating on Scripture and rejecting thoughts that contradict God's truth. A renewed mind will empower you to discern His will and experience the abundant life He promises.

Practical Moment:

Make a list of negative thoughts you struggle with. Beside each one, write a Scripture that speaks God's truth over that area. Use these verses as a guide for prayer and reflection.